

WEEK # 4

Summer Menu / 2016

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Breakfast Menu Items For The WeekOatmeal
Cold Cereal
Cream of WheatEggs Any Style

BaconToast

Assorted Muffins

Milk

Assortment
Of Fruit JuicesTea

Coffee1/2 Grapefruit
1/2 Orange
Bananas

	Oct . 17 MONDAY	Oct . 18 TUESDAY	Oct . 19 WEDNESDAY	Oct . 20 THURSDAY	Oct .21 FRIDAY	Oct . 22 SATURDAY	Oct . 23 SUNDAY
D I N N E R	Vegetable soup Irish Stew Boiled /Mashed Potatoes Carrots Cheese Cake	Cream Of Onion Soup Grilled Fish Mashed Potatoes Mixed Veg Fruit rice	Tomato Soup Meat Ball in Gravy Mashed Potatoes Rice Green Beans Pears	Rice Soup Chicken Fingers Roasted potatoes Yellow Beans Butter Tarts	Macaroni Soup Baked Fish Mashed Potatoes Broccoli Mandarin Orange	Cream of Broccoli Soup Bologna Mashed Potatoes peas Butterscotch Pudding	Barley Soup Roast Pork Mashed Potatoes Cauliflower Pie
S U P P E R	Vegetable soup Chicken A La King on Toast Watermelon	Cream Of Onion Soup Cold plate Squares	Fish Chowder Tea Biscuits Lemon Loaf	Rice Soup Quiche Tossed Salad Peaches	* Macaroni Soup Ham / cheese Sandwiches Salad Mousse	Cream of Broccoli Soup Baked beans Hot dog Brown Bread Gingerbread whip cream	Barley Soup Fish Burger Pom Pom Potatoe Strawberries

Menu may change without notice

HS Snack Menu					Scoial tea or Arrowroot Cookies	
Muffin	Voortman Cookies	Cake	Toast	Cran citrus cookie		Sweet Bread